HeartBTSUSA

Song Companion

Body to Body

BTS | Arirang | TRACK 1 | March 2026

A listening guide to the opening track of Arirang.
Exploring its message, the members' parts, and the Korean expressions and musical heritage woven into the song.

MEET THE SONG

A STADIUM-SIZED INVITATION

Body to Body opens BTS's fifth studio album, *Arirang*. Its energy is built for a crowd: a call to jump, put phones away, and share the moment together.

The title can suggest closeness, but the song's central idea is bigger than physical proximity. It celebrates being present with other people — feeling the music together, side by side, as one audience.

The Story Behind the Message: In track-by-track commentary, RM describes how the song's concept developed toward togetherness and a shared live experience. The stadium is not just a setting; the crowd helps complete the song. The song comes alive when everyone is part of it.

LISTEN FOR THESE MOMENTS

Opening call: The song places the listener inside a live crowd.

Korean rap passage: A message about putting away hatred.

Repeated refrain: The pre-chorus and chorus become a communal singalong.

Arirang passage: Traditional Korean folk music brings cultural roots into the stadium sound.

UNDERSTAND THE SONG

WHY ARIRANG MATTERS

Arirang is one of Korea's best-known traditional folk songs. It exists in many regional versions and is associated with longing, separation, resilience, and shared cultural identity. Its appearance in Body to Body connects a contemporary BTS stadium anthem with a musical tradition familiar across generations.

LISTENING CHALLENGE

Listen once for the beat and energy. Listen again for the shift into Korean. On a third listen, notice how the Arirang passage changes the atmosphere. What does that musical contrast make you feel?

KOREAN PHRASES TO LISTEN FOR

Short expressions to help unlock the song's message. The English meanings are simplified to help you understand the phrases; some nuances may be lost in translation.

Korean	Sounds Like	Meaning
손에 손*	son-e son*	hand in hand*
너와 나	neo-wa na	you and me
인생은 짧아	in-saeng-eun jjal-ba	life is short
증오는 비워	jeung-o-neun bi-wo	let go of hatred
겨레의 마음	gyeo-re-ui ma-eum	the spirit of a people

* 손에 손 잡고 (hand in hand) echoes the theme song of the 1988 Seoul Olympics, a celebration of unity after years of political division. Like the Olympics, BTS brings people together across borders. Paired with the image of reaching the moon and the recurring 아리랑 (Arirang), the phrase celebrates connection, shared hope, and the power of moving forward together.



Seven Voices . One Stadium . Many Connections

FOLLOW THE VOICES

A member-by-member listening map: Use this as a guide while listening and singing along.

● RM ● Jin ● Suga ● J-Hope ● Jimin ● V ● Jungkook

● J-Hope: I need. I need, I need

● RM: (What you need, twin?)

● J-Hope: I need

● RM: (What you need?)

● J-Hope: I need, I need

● RM: I need the whole stadium to jump
Put your phone down, let's get all the fun
I got my eyes on the row in the front
The vibe is high, if we bein' blunt
The vibe is high, let the building (Hey)

● Suga: B-T-uh, from everywhere to Korea
총 칼 키보드 다 좀 치워
(Put away the guns, knives, and keyboards)
인생은 짧아 증오는 비워
(Life is short, empty out the hate)
It's big in real life
뭘 체면 따져 내려놔, 야 인마
(Why are you so concerned about your image? Just let it go, dude)
Hop in
좀 더 가까이 와 skin to skin
(Come a little closer, skin to skin)

● Jimin: I need some body to body
All of your body beside me

● Jungkook: 저기 저 달에 닿게, 손에 손, 너와 나
(So we can reach that moon over there, hand in hand, you and me)
We on and on, yeah
Sunrise, but we don't go home

● Jin: Somebody like you, eh
Somebody like you, oh

● V: Somebody like you, eh
Somebody like you,
somebody like, everybody like you

● J-Hope: It's so tight
I mean, 너와의 사이
(I mean, the relationship between you and me)
I mean, 우리만의 그 style
(I mean, that style that's just ours)



I mean, we livin' the life
두 눈을 감지 않을 이 밤, uh
(This night when I won't close my eyes, uh)
솟구치는 겨레의 마음, mm
(The surging spirit of the people, mm)
Be about it, be about it, be about it
You could see about it or you read about it

● V: I need some body to body
All of your body beside me

● Jin: 저기 저 달에 닿게, 손에 손, 너와 나
(So we can reach that moon over there, hand in hand, you and me)
We on and on, yeah
Sunrise, but we don't go home

● Jimin: Somebody like you, eh
Somebody like you, oh

● Jungkook: Somebody like you, ayy
Somebody like you, somebody like
Everybody like you, ayy

● Jin: Somebody like you, oh

● V: Somebody like you, ayy

● Jungkook: Somebody like you, somebody like,
everybody like you

Arirang refrain: 아리랑, 아리랑, 아라리요
(Arirang, Arirang, Arariyo)
아리랑 고개로 넘어간다
(Crossing over the Arirang (mountain) pass)
나를 버리고 가시는 님은
(My beloved, who abandons me and goes)
십 리도 못 가서 발병 난다
(Won't walk even ten ri before their feet begin to hurt)

● RM: I need the whole stadium to jump

● Suga: Put your phone down, let's get all the fun

● J-Hope: You at the side, at the back, at the front

Seven Voices . One Stadium . Many Connections